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Are you ready to Remodel your Body?



ADDIE'S 11TH ANNUAL HOLIDAY PARTY

Saturday, December 10th
5:30-8:00pm

Bring your family and come enjoy great food and drinks!

Please bring a toy for our annual toy drive or donate \$20 toward a toy.
Benefiting Walden Family Foster Services
<http://www.waldenfamily.org/>

Please RSVP by Dec. 1st

Join us for a fun time!

WEEKLY CLASS SCHEDULE/ TRY YOUR FIRST FOR FREE!

MON'S, WED'S & FRIDAYS 10-10:25am **Low Impact**

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SAT'S

9-9:50am

Boot camp at Kate Sessions Park

11:30-11:55am

Functionally FITT (for older adults and/or people with challenges)**UPCOMING EVENTS & NEWS**

**Women and Wine Event
November 8th
Benefiting Autism Tree Project
Foundation**

Last one until 2012!

All you ladies!

**We will have more fantastic
raffle prizes and silent auction items to
bid on, good Christmas ideas!**

**Hint: Trip to Cabo, website,
facials, massages and much more!**

**So here is the skinny on the next
upcoming event!!**

When: Tuesday, November 8Th, 2011

Time: 6-8pm

**Cost: \$10 to get in the door (includes 1
drink ticket with entry)**

Raffle Tickets \$5 each or 3 for \$10

***** If you want to add \$20 to your
entry fee you will receive a holiday
stocking stuffer gift certificate for a
month of unlimited fitness classes at
Addie's you can use or give to a friend!**

**Table for your business: Sold out!
However, general attendance at the
door is open. So tell your girlfriends**

**Addie's Annual Holiday Toy
Drive**

**Benefiting Walden Family
Foster Services**

Walden serves children and youth with mild to severe disabilities. Walden serves the most at risk population of children who are mentally and physically challenged, developmentally delayed, autistic or mentally fragile; and who have been removed from their homes as a result of abuse, neglect or abandonment.

Addie's has team up with Kara Dodds and Associates with drop off sights for people to donate toys. We will except all age toys from 0 to 21 yrs old but our kids ages 15-21 yrs old are the ones that we need.

Please drop toys off between December 1st - December 18th @

Addie's Studio
4440 Ingraham St.
Pacific Beach 92109
or

Kara Dodds and Associates
7840 Mission Center Court, Suite 200
Mission Valley, 92108

Thanks for your help in making a child happy with a toy this holiday season!
Addie

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exciting event.

If you are interested in a table for the February event Email Addie @
addie@addiesstudio.com

HAPPY BIRTHDAY TO YOU IN
NOVEMBER & DECEMBER!

Stephanie Holdgrafer
Liz Malls
Loral Priest
Bunni Jacobs
Felicia Jerbasi
KellyAnn Schnider
Doyle Bachholz
Debra LUckey
Thalia Smith
Tamara Lubar
Susie Sovereign
AJ Frank
Nikki Incandela

Client/Business Spotlight

Suzi Obrien with Moxie Design

I strive to create comfortable, beautiful interiors that reflect

your personal style using a combination of colors, fabrics

and furniture. Your home should be a reflection of you.

This holiday season give yourself a gift of a complimentary consultation with me.

I will help you define your design dilemmas and desires, and prepare

a plan that shows you what my design fees would be to complete your project.

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